

ALTERNATE SCHEDULE: SPRING BREAK 2019

Z CENTER
120 VASSAR ST, CAMBRIDGE, MA 02139

T-CLUB

Z-POOL

MAC

ALUMNI/WANG CENTER
32 VASSAR ST, CAMBRIDGE, MA 02142

SPIN STUDIO

WANG
STUDIO

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
HIIT 7:30 am - 8:15 am Liz T-Club		HIIT 7:30 am - 8:15 am Lainie T-Club	Slow Flow Yoga 7:30 am - 8:30 am Anna T-Club			Yin & Yang Yoga 9:15 am - 10:30 am Jill T-Club
Functional Fitness (FREE) 12:00 pm - 1:00 pm Elena T-Club	Kickboxing (FREE) 12:00 pm - 1:00 pm Chelsea T-Club	Fitness Yoga (FREE) 12:00 pm - 1:00 pm Jill T-Club	Bootcamp (FREE) 12:00 pm - 1:00 pm Thomas T-Club	Functional Fitness (FREE) 12:00 pm - 1:00 pm Teri T-Club		
Barre 4:00 pm - 5:00 pm Leah T-Club		Yoga Beats 4:00 pm - 5:00 pm Amy T-Club		Unwind Yoga 4:00 pm - 5:00 pm Anna T-Club		
			Zumba 5:00 pm - 6:00 pm Sandra T-Club	Bootcamp 5:00 pm - 6:00 pm Liz MAC		
	Pilates 5:30 pm - 6:30 pm Chelsea T-Club					
			Functional Strength 6:00 pm - 7:00 pm Marie T-Club			
	Total Row 7:00 pm - 8:00 pm Ethan MAC					

*No PE Credit available with this class.

Please note that instructors and classes are subject to change without notice. Visit us online for updated class information.

No Classes: January 21, February 18, April 15, May 27 | No Shallow H2O: May 4

Pass Pricing & Dates

<p>Students</p> <p>1 Month Pass: \$30 Winter & Spring Seasonal Pass: \$150 12 Month Pass**: \$325 (save \$3/month) Must purchase passes in person w/ proper MIT I.D.</p>	<p>Non-Student (Members)</p> <p>1 Month Pass: \$45 Winter & Spring Seasonal Pass: \$225 12 Month Pass**: \$490 (save \$4/month) Purchase passes in person or online. Monthly auto-purchase available (email groupex@mit.edu).</p>	<p>Sessions</p> <p>Spring Break March 25-31</p>
---	--	--

Monthly passes are valid for the calendar month for which they are purchased.

**Available for purchase through the end of February only.