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MIT Recreation Group Exercise Classes & Packages FAQs

Q: How do I register for classes now?

A: The registration process remains the same! Login to your member account through the MIT Rec app or website and enroll in classes for no charge. If you are using a guest account, you'll be prompted to pay for your reservation.

Q: I still have sessions remaining on a package that is now obsolete or irrelevant. Can I receive a refund?

A: Yes, all packages with unused sessions have been converted into account credits. If you would like to receive this refund directly into your payment method, please email fitness@mit.edu.

Q: Now that classes are free, will the capacity increase?

A: The class capacities will remain the same as this is relative to the sizes of the respective studios. The good news for MIT Rec students and members is that you will still be able to sign up for classes up to 6 days in advance, whereas registration for non-members will open 2 days in advance. We expect and hope that average class participation will substantially increase, but you should still have every opportunity to join your favorite classes by staying connected through the MIT Rec app and website.

Q: Will I be able to purchase packages between now and June 30th?

A: Yes, the deadline for package sales are June 8th for 8-packs and 12-packs and June 22nd for 4-packs.

Q: Can I still purchase a June unlimited pass?

A: Yes! June 2026 will be the last month the unlimited pass will be available. All current monthly unlimited pass holders will have an expiration date of June 30th.

Q: I'm an undergrad using group ex for my alternative PE points. Will I be able to continue doing this?

A: We plan to continue offering Recreation Drop-in group exercise for PE&W points; however, this may change depending on class sizes and demand. Please keep an eye on the Physical Education and Wellness alternative points website for updates.