

MARCH A MARATHON



MARCH A MARATHON TRACKING SHEET

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	TOTALS
WEEK 1	27	28	1	2	3	4	5	WEEK 1
WEEK 1	6	7	8	9	10	11	12	WEEK 2
WEEK 2	13	14	15	16	17	18	19	WEEK 3
WEEK 3	20	21	22	23	24	25	26	WEEK 4
WEEK 4	27	28	29	30	31	1	2	WEEK 5
DONE!	3	4	5	6 Participation Submissions Due by 5:00	7	8 WINNERS ANNOUNCED via Instagram!	9	TOTAL!

Challenge Routes and updates will be posted on March a Marathon Blog post: mitrecsports.com/fitness/march-a-marathon-22

Let us know what challenge routes you're trying and where you're participating in this challenge by using **#marchamarathon** for a chance to be featured on our Instagram!